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# Instant Pot Cookbook: Entry Level: Cooking Healthy And Delicious Food Quick And Easy With A Pressure Cooker (Pressure Cooker Recipes, Electric Pressure Cooker, Slow Cooker, Crock Pot)



## Synopsis

I can't imagine there's someone who doesn't like to eat tasty and healthy food. However, I bet there are a lot of people who don't have much time to cook or just don't like this process. I've been cooking since I'm 7 years old and I decided to share my knowledge with you. Meet my first book with the best pressure cooker recipes! Instant Pot Cookbook Entry Level: Cooking Healthy and Delicious Food Quick and Easy with a Pressure Cooker You have won the privilege to enter a wonderful and special world " the world of pressure cooking. Prepare amazing dishes full of texture and flavor, and discover the simplicity of this type of cooking. Your foods will preserve all their natural vitamins, minerals, and essential nutrients. Pressure cooking means you will cook everything a lot faster than before and in a more effective way. You won't consume too much energy preparing your meals and you will have enough time to spend with your loved ones. What are you still waiting for? Start cooking some flavored dishes using your pressure cooker! TODAY ONLY, get this Kindle book for just \$0.99! Regularly priced at \$2.99. Read on your PC, Mac, smartphone, tablet or Kindle device. Tags: electric pressure cooker, instant pot cookbook, instant pot recipes, recipes book, pressure cooker recipes, quick and easy, beginners guide, clean eating, tasty, fast and easy, delicious meals, easy recipes, fast & healthy meals, healthy meals, electric pressure cooker cookbook, clean eating recipes, clean eating, clean eating cookbook, clean eating recipes, clean eating diet, healthy, slow cooker, slow cooking, meals, crock pot, instant pot, crockpot, crock pot, crockpot recipes, crock pot recipes, crockpot cookbook, crock pot cookbook, for busy people, recipes and meals, quick easy recipes, quick easy, for busy families, great food fast,

## Book Information

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## Customer Reviews

Do you like to prepare your own food in the table but do not have enough time in doing it? By this cookbook you are going learn that cooking delicious and nutritious food does not take much time. The great thing about this guide is that you will not going to have any problem in preparing the recipes. Every instructions are easily followed by everyone. Getting the ingredients can also be found in our local grocery stores. You will surely going to have fun in this guide. There are a lot of recipes that you can choose.

The general suggestions and also the tips and traps with this hardware usage makes it more helpful on my end as it has better results contrasted with my typical procedure of cooking. The considerable thing about this aide is that you won't going to have any issue in setting up the formulas. Truly however, I am keen on figuring out how to cook with a weight cooker since it appears like it would be solid. Nice content!

Perfect timing! I've recently purchased an InstantPot, and have been looking for already tested recipes to use with it. This cookbook about instant pot is what I needed for me to know more about it. It's like a manual and a recipe book at the same time, which is beneficial for me as a beginner. I am a busy person and I have less time to worry on what to cook and the reason why I bought an instant pot.

This guide is absolutely amazing. I know the power of the pressure cooker in making food quick and easy. However, I have always assumed that the flavor is just mushy and tasteless. Well, that is what I felt until I tried the amazing recipes in this book. Even the kids love the recipes from this book.

I love cooking very much and this book inspired me every day to cook something delicious. There are a lot of different kind of recipes and all of them easy, healthy and fast to make. Recommended if you want to cook delicious lunch or dinner or just even snacks.

This book is one of the best instant pot cookbook in the kindle store as it gives different type of low carb recipes that will lessen your carb intake that can make weight loss more easier. If you want to change your lifestyle and be healthy you should start it now. If you have been looking for a low carb diet book to help you follow a low carb diet, then this is the perfect book for you. One of the most common causes for weight gain is too many carbs, by following a healthy instant pot cookbook you can lose those pounds that have been troubling you. This book will giving you the best mouth watering recipes that will surely love by your family. Its healthy, easy to cook and the best thing is not that many time you have to spend in cooking. Highly Recommended :-)

After hearing dozens of glowing reviews, I sheepishly ordered an Instant Pot from . And I've used it nonstop ever since. I loved this cooker because It requires less babysitting than a stovetop pressure cooker. I got nothing against stovetop pressure cookers, but the Instant Pot sounded better suited to my absent-minded, multi-tasking ways. You pretty much just push a button, and it's good to go. And once it's done, it keeps the food warm for you. I'm a working mom and been busy every day so I wanted a cookbook which will help me to prepare quick meals using this Instant Pot Cooker and I'm thankful i found this book.

I enjoyed reading the entire book because it even gave me techniques in how to use this breakthrough product properly without overcooking my vegies. After hearing dozens of glowing reviews, I sheepishly ordered an Instant Pot from . I got nothing against stovetop pressure cookers, but the Instant Pot sounded better suited to my absent-minded, multi-tasking ways. You pretty much just push a button, and it's good to go. And once it's done, it keeps the food warm for you. Plus, the recipes here seemed truly delicious and mouth-watering.

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